

## **Cornwall Food & Local Sourcing...**

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

### **Beef, Pork & Poultry**

Scorse Foods  
Helston

### **Fruit & Vegetables**

Westcountry Fruit Sales Ltd  
Falmouth

### **Fish**

Matthew Stevens & Son  
St Ives

### **Milk & Dairy**

Trewithen Dairy  
Lostwithiel

### **Eggs**

Rosedown Farm  
St Wenn, Bodmin

### **Dry Goods**

Chaffins Food Service  
Redruth



**Cornwall Food**  
A fresh approach to nutrition | we care

they're here...



# YOUR menu

Week 2 – 22<sup>nd</sup> April, 6<sup>th</sup> May, 19<sup>th</sup> May, 9<sup>th</sup> June, 23<sup>rd</sup> June, 7<sup>th</sup> July

MONDAY

Macaroni Cheese with Garlic bread & green beans

Flapjack or Fresh Fruit

TUESDAY

Chicken & Leek Pie with mashed potato, carrots, peas & gravy

Fruit Yoghurt or Fresh Fruit

WEDNESDAY

Roast Pork served with roast potatoes, broccoli, sweetcorn & gravy

Mini Blueberry Muffin or Fresh Fruit

THURSDAY

Filled wrap served with sauté potatoes and salad

Neapolitan Ice Cream or Fresh Fruit

FRIDAY

Fishfingers served with Chips and baked beans

Chocolate Sponge & Custard or Fresh Fruit

Fresh fruit, salad, fresh milk and bread rolls will be available daily.

There is also a daily jacket potato meal option & dishes suitable for vegetarians.

