

## **Cornwall Food & Local Sourcing...**

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

### **Beef, Pork & Poultry**

Scorse Foods  
Helston

### **Fruit & Vegetables**

Westcountry Fruit Sales Ltd  
Falmouth

### **Fish**

Matthew Stevens & Son  
St Ives

### **Milk & Dairy**

Trewithen Dairy  
Lostwithiel

### **Eggs**

Rosedown Farm  
St Wenn, Bodmin

### **Dry Goods**

Chaffins Food Service  
Redruth



**Cornwall Food**  
A fresh approach to nutrition | we care

# YOUR menu

they're here...



Week 1 – 1<sup>st</sup> May, 22<sup>nd</sup> May, 19<sup>th</sup> June, 10<sup>th</sup> July 2023

MONDAY

Corned Beef Hash or Cauliflower, Broccoli & Pasta Bake  
Served with baby potatoes, carrots & peas.

Fruit Yoghurt or Fresh Fruit

TUESDAY

Beef Burger in a Bun or Vegan Roll (v)  
Sauté Potatoes  
Peas & Sweetcorn

Fruit Crumble & Custard or Fresh Fruit

WEDNESDAY

Roast Chicken & Yorkshire Pudding or Vegan Roll (v)  
Roasted Potatoes  
Carrots & Green Beans

Jelly & Ice Cream or Fresh Fruit

THURSDAY

Baguette Bar or Jacket Potato  
Choose from a selection of fillings and salad.

Apple & Cinnamon sponge with custard or Fresh Fruit

FRIDAY

Breaded Fish or Vegan Roll (v)  
Chipped Potatoes  
Peas & Baked Beans

Rocky Road or Fresh Fruit

Fresh fruit, salad, fresh milk and bread rolls will be available daily  
There is also a daily jacket potato meal option.



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