

Cornwall Food & Local Sourcing...

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

Beef, Pork & Poultry

Scorse Foods
Helston

Fruit & Vegetables

Westcountry Fruit Sales Ltd
Falmouth

Fish

Matthew Stevens & Son
St Ives

Milk & Dairy

Trewithen Dairy
Lostwithiel

Eggs

Rosedown Farm
St Wenn, Bodmin

Dry Goods

Chaffins Food Service
Redruth



Cornwall Food
A fresh approach to nutrition | we care

they're here...



YOUR menu

Week 2 – 8th May, 5th June, 26th June, 17th July

MONDAY

Lasagne or Macaroni Cheese (v)
Garlic Bread
Peas & Sweetcorn

Ice Cream or Fresh Fruit

TUESDAY

Pork Sausages & Gravy or Vegan Rolls(v)
Mashed Potatoes
Green Beans & Carrots

Apple & Cinnamon Muffins or Fresh Fruit

WEDNESDAY

Roast Chicken & Gravy or Quorn & Sauté Potato Hotpot (v)
Roasted Potatoes
Broccoli & Carrot/Swede Puree

Fruit Yoghurt or Fresh Fruit

THURSDAY

Sausage Rolls or Cheese & Broccoli Quiche (v)
Mashed Potato
Carrots and Peas

Apple Crumble & Custard or Fresh Fruit

FRIDAY

Fishfingers or Cauliflower Cheese (v)
Chipped Potatoes
Baked Beans & Sweetcorn

Flapjack or Fresh Fruit

Fresh fruit, salad, fresh milk and bread rolls will be available daily.
There is also a daily jacket potato meal option.



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