Cornwall Food & Local Sourcing...

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

Beef, Pork & Poultry

Scorse Foods Helston

Fruit & Vegetables

Westcountry Fruit Sales Ltd Falmouth

Fish

Matthew Stevens & Son St Ives

Milk & Dairy

Trewithen Dairy Lostwithiel

Eggs

Rosedown Farm St Wenn, Bodmin

Dry Goods

Chaffins Food Service Redruth



YOUR Menii



Week 3 – 9th May, 6th June, 27th June, 18th July 2022

IONDAY

Chicken, Bacon & Mushroom Pie & Gravy or Quorn Lasagne (v)

Mashed Potatoes

Sweetcorn & Green Beans

Apple, Cinnamon & Sultana Crumble with Custard or Fresh Fruit

UESDAY

Sausage Roll or Cauliflower, Broccoli & Potato Bake (v)
Potato Wedges
Peas & Spaghetti Hoops

Mini Blueberry Muffins or Fresh Fruit

WEDNESDAY

Pork & Apple Cobbler or Moroccan Lentil(v)
Roasted Potatoes
Peas & Cauliflower

School Dinner Cake or Fresh Fruit

THURSDAY

Cottage Pie or Macaroni Cheese (v)
Garlic Bread
Mixed Vegetables & Broccoli

Ground Rice Pudding or Fresh Fruit

RIDAY

Fish Fingers or Cauliflower Cheese (v)
Chipped Potatoes
Baked Beans & Sweetcorn

Caramel Shortbread or Fresh Fruit

Fresh fruit, salad, fresh milk and bread rolls will be available daily.

There is also a daily jacket potato meal option.



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