

Cornwall Food & Local Sourcing...

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

Beef, Pork & Poultry

Scorse Foods
Helston

Fruit & Vegetables

Westcountry Fruit Sales Ltd
Falmouth

Fish

Matthew Stevens & Son
St Ives

Milk & Dairy

Trewithen Dairy
Lostwithiel

Eggs

Rosedown Farm
St Wenn, Bodmin

Dry Goods

Chaffins Food Service
Redruth



Cornwall Food
A fresh approach to nutrition | we care

they're here...



YOUR menu

Week 1 – 28th April, 12th May, 2nd June, 16th June, 30th June, 14th July

MONDAY

Beef Chilli served with white rice and mixed vegetables

Blueberry sponge & custard or fresh fruit

TUESDAY

Sausage Roll served with potato wedges and spaghetti hoops

Fruit Yoghurt or Fresh Fruit

WEDNESDAY

Roast Chicken served with roast potatoes, broccoli, carrots and gravy

Neapolitan Ice cream or fresh fruit

THURSDAY

Pork Sausages served with mashed potato, sweetcorn, peas and gravy

Apple & Cinnamon sponge with custard or Fresh Fruit

FRIDAY

Fishfingers served with chips and baked beans

Chocolate Brownie or Fresh Fruit

Salad, fresh milk and bread rolls will be available daily plus a daily jacket potato meal option and dishes suitable for vegetarians.



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