



# Coads Green Primary School Physical Education Policy (reviewed September 2021)



## **PE Curriculum Intent**

### ***Healthy habits for life***

At Coads Green Primary School, we believe Physical Education, School Sport and Physical Activity should give all children the opportunity to improve and achieve physical competence in line with their age and potential. We believe that providing inclusive and competitive opportunities for children is vital so they become enthusiastic about physical activity and encourages an active lifestyle. This will also develop physical literacy which is highly important. The aim of physical education is to promote physical activity and healthy lifestyles. The wider benefits of PE include the promotion of positive attitudes to health and well-being the development of emotional resilience and a wide range of personal skills including leadership. Children are taught to observe the conventions of fair play, honest competition and good sportsmanship as individual participants, team members and spectators.

## **PE Curriculum Implementation**

### ***Curriculum aims***

- To teach children to become skilful and thoughtful performers, developing control and co-ordination and becoming physically literate.
- To develop an understanding of what they do in PE, school sport and physical activity and how it contributes to a healthy and active lifestyle.
- To give children the confidence to get involved in PE and school sport, applying and adapting their skills in a wide range of activities.
- To encourage an appreciation of the creative and aesthetic aspects of PE.
- To contribute to children's social and emotional development in promoting their confidence and self-esteem.
- To develop qualities such as commitment, fairness, tolerance and a concern for others as well as individual success.
- To develop personal and social competence and the necessary skills to manage success in competitive and co-operative situations, to cope with losing, and to retain a proper sense of perspective in competition.
- All children are entitled to a progressive and comprehensive Physical Education programme which embraces the statutory orders of the National Curriculum 2014 and which takes account of individual interests and needs.
- All children have access to at least 2 hours high quality PE every week.
- To encourage children to take part in 30 active minutes daily providing a varied menu of activities.

### ***Curriculum Planning***

- The school uses the Arena PE schemes of work together with Leap Into Life at EYFS and KS1
- PE lessons are planned so that they build upon the prior learning of the children.

- There is planned progression built into the schemes of work at Foundation Stage, KS1 and KS2, so that the children are increasingly challenged as they move through the school.
- Resources are audited on a regular basis and new resources for new sports are to be purchased through Sports Premium funding.
- At KS2, all components of the National Curriculum re taught through Athletics, Dance, Games, Gymnastics, Outdoor Adventure Activities and Swimming are covered throughout the year, so that children receive a broad and balanced curriculum.
- A curriculum map and curriculum provision map are in place to show the progressive stages the children access as they move through the school.
- PE lessons are planned so that they build upon the prior learning of the children.
- There is planned progression built into the schemes of work at Foundation Stage, KS1 and KS2, so that the children are increasingly challenged as they move through the school.

### ***Teaching and Learning***

Lessons should be conducted in a secure, supportive and disciplined manner.

High quality lessons should contain the following elements:

- Purpose – lessons should have clear objectives and defined learning outcomes that are shared with the class at the beginning of the lesson.
- Progression – the ability of pupils should be developed with increasing demands made on them both physically and mentally. Building on previous learning is essential, so too is working to achieve successful outcomes through reinforcement, application and refinement of schemes.
- Pace – there should be high levels of activity, tasks need to be easily and clearly explained with high expectations set for individual and group achievement.
- Challenge – high expectations should be set for individual and group achievement. Pupils should be extended both physically and mentally through interesting tasks.
- Differentiation – this should be achieved using tasks and equipment that enable the children to be challenged appropriately and which ensures good progress for all ability groups.
- Decision Making – children should be given responsibility for equipment, group organisation and at times their own learning as they practice and refine skills in order to improve the quality of their performance.

### ***School Sport***

The school also provides a range of extra- curricular activities; these encourage children to further develop their skills: Football through Plymouth Argyle Community Trust, Cross Country, Multi Skills, Hockey, dance and Tag rugby. Cricket and Athletics is offered in the Summer Term.

Local Community coaches are used whenever possible to support and develop the children's learning

#### ***Competition***

Coads Green Primary School takes part in intra competition with monthly challenges delivered within school.

We also have strong links with local community clubs: Plymouth Argyle Community Trust and Launceston Rugby Club.

Gifted and Talented children are identified and placed on the SEND register. Opportunities are signposted to them through local sports clubs and opportunities.

## **Physical Activity**

Children will be given the opportunity to take part in a variety of opportunities to promote physical activity including 30 active minutes, outdoor learning and the opportunity to experience a variety of outdoor and adventurous activities on and off the school site.

### ***PE and School Sport Premium.***

Sports Premium funding has allowed the employment of specialist PE teachers and coaches to deliver high quality PE lessons across the school in addition to providing professional development for staff. All external specialist are DBS checked and meet the school visitors' policy.

The staff regularly access meetings and courses through ARENA and provides them with opportunities for individual and collective Continual Professional Development.

A PE and School sport premium plan is developed annually and the premium spend is reported on the schools web site at the end of each academic year. This includes detail of the intended actions how they have been implemented and the impact to date. It also reports annually on the number of Year 6 children who can swim 25 metres which is a requirement of the grant.

## **EQUAL OPPORTUNITIES**

All children should be provided with equal opportunities to participate in a curriculum in which there are no barriers to access based on race, sex, culture or ability. PE lessons should aim to provide quality experiences that challenge the children.

## **RISK ASSESSMENT and PE KIT**

Safety is paramount when planning PE activities. The learning environment and equipment is maintained and checked regularly with the subject leader being responsible for purchasing and maintaining equipment and resources. The mats and benches in the hall are checked annually by an independent technician.

- The children are encouraged to consider their own safety and the safety of others. They are taught how to move and use apparatus safely under supervision.
- All children are required to have a PE kit (details of which are in the schools prospectus).
- At KS 1, children are sometimes not required to change in to their PE kit if the physical activity is deemed safe enough to be carried out in school uniform. The teacher in charge of the physical activity will make a professional decision based on risk.
- At KS2, all children will be required to change into their PE kit for every PE lesson.
- Should a child continually forget their kit, a letter will be sent to their parents.
- No jewellery or watches are to worn for any physical activity, long hair should also be tied back.

## **Health and Well being**

At Coads Green Primary school, we firmly believe that PE is at the heart of a child's health and well-being and we will be working towards ensuring that health education is an integral part of the teaching of PE within our school.

## **Curriculum Impact**

### ***Assessment, monitoring and reporting.***

- Teacher's assessment in PE takes place through observation during lessons and follows the Arena bronze, silver and gold assessment scheme.

- At KS 1 and 2 assessment is carried out at the end of each unit of work.
- Class teachers make an annual assessment of effort and achievement for each child as part of the child's annual report to parents. This information is passed on to the next teacher at the end of the year.
- Teachers are also encouraged to assess children's knowledge and understanding of health and well-being and leadership skills using the Arena statements for guidance in their teaching and assessment.
- The subject leader ensures that the PE curriculum is delivered throughout the school through monitoring, learning walks, lesson observations and discussion with staff and pupils.
- Pupil consultation is carried out on a termly basis with the sports/student council to monitor the impact of PE and identify changes which need to be made for continuous improvement.
- A monitoring tool Absolute Education is used to monitor and track participation in after school clubs, physical activity sessions and competition.

## **Definitions used in this policy**

### **Physical Education**

Physical education is the planned progressive learning that takes place in school curriculum timetabled time and which is delivered to all pupils.

### **School Sport**

Is the structured learning that takes place beyond the curriculum (i.e. the extended curriculum) within school settings.

### **Physical Activity**

Physical Activity is a broad term that describes bodily movement, posture and balance. This includes elements of physical education but also includes OAA, indoor and outdoor play, active travel, cycling, roller blading scooting and outdoor learning.

**Reviewed by staff in September 2021**

**Approved by Governors in November 2021**