

Cornwall Food & Local Sourcing...

At Cornwall Food we use farm assured meat and free range eggs. Our local suppliers include -

Beef, Pork & Poultry

Scorse Foods
Helston

Fruit & Vegetables

Westcountry Fruit Sales Ltd
Falmouth

Fish

Matthew Stevens & Son
St Ives

Milk & Dairy

Trewithen Dairy
Lostwithiel

Eggs

Rosedown Farm
St Wenn, Bodmin

Dry Goods

Chaffins Food Service
Redruth



Cornwall Food
A fresh approach to nutrition | we care

YOUR menu

they're here...



Week 3 – 15th May, 12th June, 3rd July 2023

MONDAY

Chicken & Bacon Pasta or Quorn Lasagne (v)
Served with garlic bread
sweetcorn & green beans

Apple Pie with Custard or Fresh Fruit

TUESDAY

Sausage Roll or Cauliflower, Broccoli & Potato Bake (v)
Potato Wedges
Peas & Spaghetti Hoops

Fruit Yoghurt or Fresh Fruit

WEDNESDAY

Roast Pork or Cauliflower & Broccoli Bake
Served with Roasted Potatoes
Peas & Cauliflower

Brownie or Fresh Fruit

THURSDAY

Quiche Lorraine or Macaroni Cheese (v)
Garlic Bread
Mixed Vegetables/Salad

Ice Cream or Fresh Fruit

FRIDAY

Fish Fingers or Cauliflower Cheese (v)
Chipped Potatoes
Baked Beans & Sweetcorn

Caramel Shortbread or Fresh Fruit



Fresh fruit, salad, fresh milk and bread rolls will be available daily.
There is also a daily jacket potato meal option.



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